

Make Your Own Face and Body Paint

Materials:

- 6 Teaspoons cornstarch
- 3 Teaspoons cold cream
- 3 Teaspoons water
- Food coloring or liquid water color concentrate
- Muffin tin or 6 film canisters
- Q-tips or small paint brushes

Directions:

1. Mix each color in its own space in the muffin tin or in its own film canister.
2. For each color, mix 1 teaspoon cornstarch, 1/2 teaspoon cold cream, and 1/2 teaspoon water.
3. Add a few drops of food coloring to each container and mix with a Q-tip or small paintbrush.



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Make Your Own Watercolor Paint

Cooking Up Colors

Long ago, artists used to mix and create their own paints. Often, these recipes involved rare and expensive ingredients. Here is a simple and inexpensive way for you to create your own watercolors.

Materials:

- 1 Tablespoon of clear vinegar
- 1 Tablespoon of baking soda
- 1 Tablespoon cornstarch
- 1/2 Teaspoon corn syrup
- Food coloring
- Three small plastic bottle lids
- Small paintbrushes

Directions:

1. In a small bowl, mix vinegar and baking soda.
2. Mixture will fizz. When fizzing stops, blend in cornstarch and corn syrup. The mixture will have a cake-like consistency.
3. Divide the mixture equally into the three bottle lids. Choose a different color for each bottle lid, and place a few drops of food coloring into each mixture. Stir with small paintbrushes.
4. Allow the mixture to dry into cakes. When the cakes are dry, you can swirl a wet paintbrush atop the cake and start painting.



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